

# Rapid Clinical Assessment Team (RCAT)

## Mobile Medical Assessment Unit

### Halton

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# RCAT

## The Challenge

**‘I am ill. I’m in my own bed at home. Please treat me here’**



## Case Study 1

D.J: 92 year old male, who lives alone, but has care provided by daughter.

### Reasons for Referral

- Whilst walking at home, sudden onset of severe pain in right lower chest
- Blacked out and fell and banged head on door - Came around but had two more blackout episodes

#### Known Patient of

- Lymphoedema
- IHD
- Vitamin D deficiency
- Osteoporosis
- Glaucoma

## Case Study 1 (continued)

### RCAT Diagnosis

- Probable PE
- Cellulitis right foot
- Postural Fall (42 mmHg)

### RCAT Interventions

- ECG & Troponin – normal
- CTPA = No PE but a mass left lung
- Managed at home

### Outcome on Discharge

- Recovered fully

## Case Study 2

J.H: 76 year old female, who lives with husband

### Reasons for Referral

- 4 days SOB, with pain in right upper chest
- Cough; blood on two occasions
- May 2016 – Pneumonia (admitted to Hospital)
- SOB on exertion ever since

### Known Patient of

- HTN
- LVSD
- Anxiety/depression
- Agoraphobia
- Gall stones

## Case Study 2 (continued)

### **RCAT Interventions**

- Sub cut enoxaparin administered
- CTPA – next day: No Clots

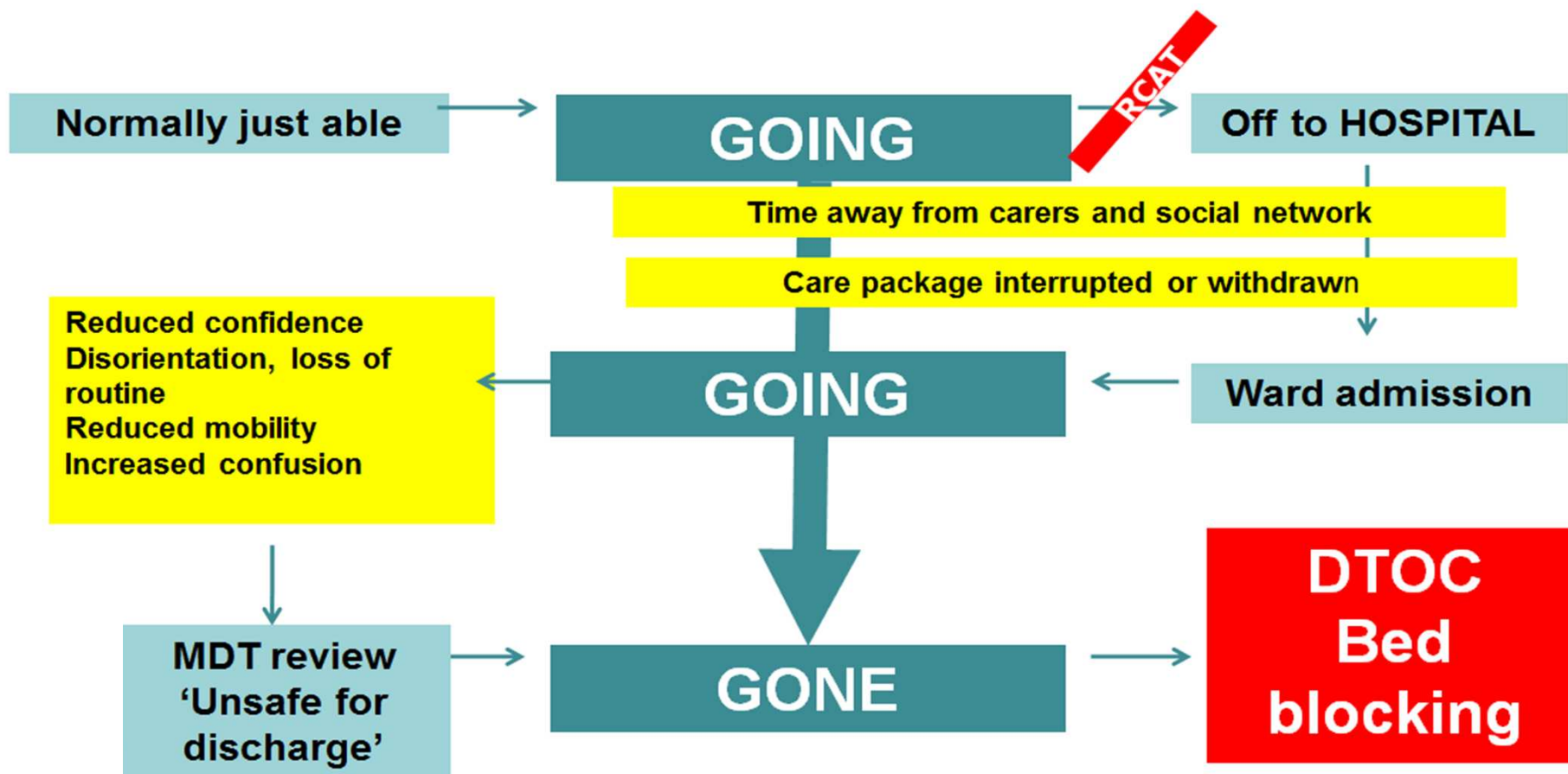
### **RCAT Diagnosis**

- Bronchogenic Carcinoma

### **Outcome on Discharge**

- Urgent referral to Respiratory Team

## RCAT Earliest Intervention – The ‘3G’ Syndrome

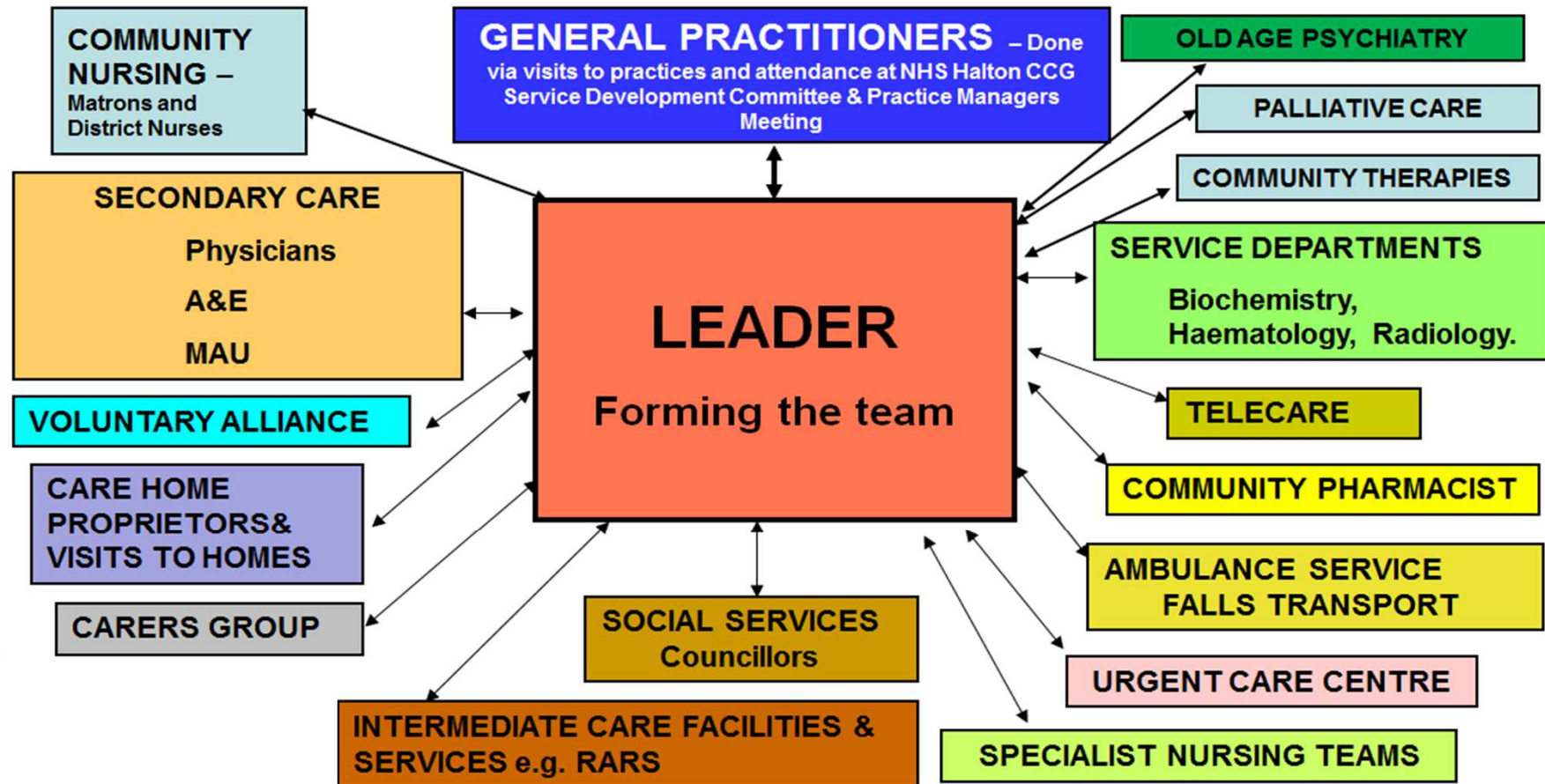


# RCAT

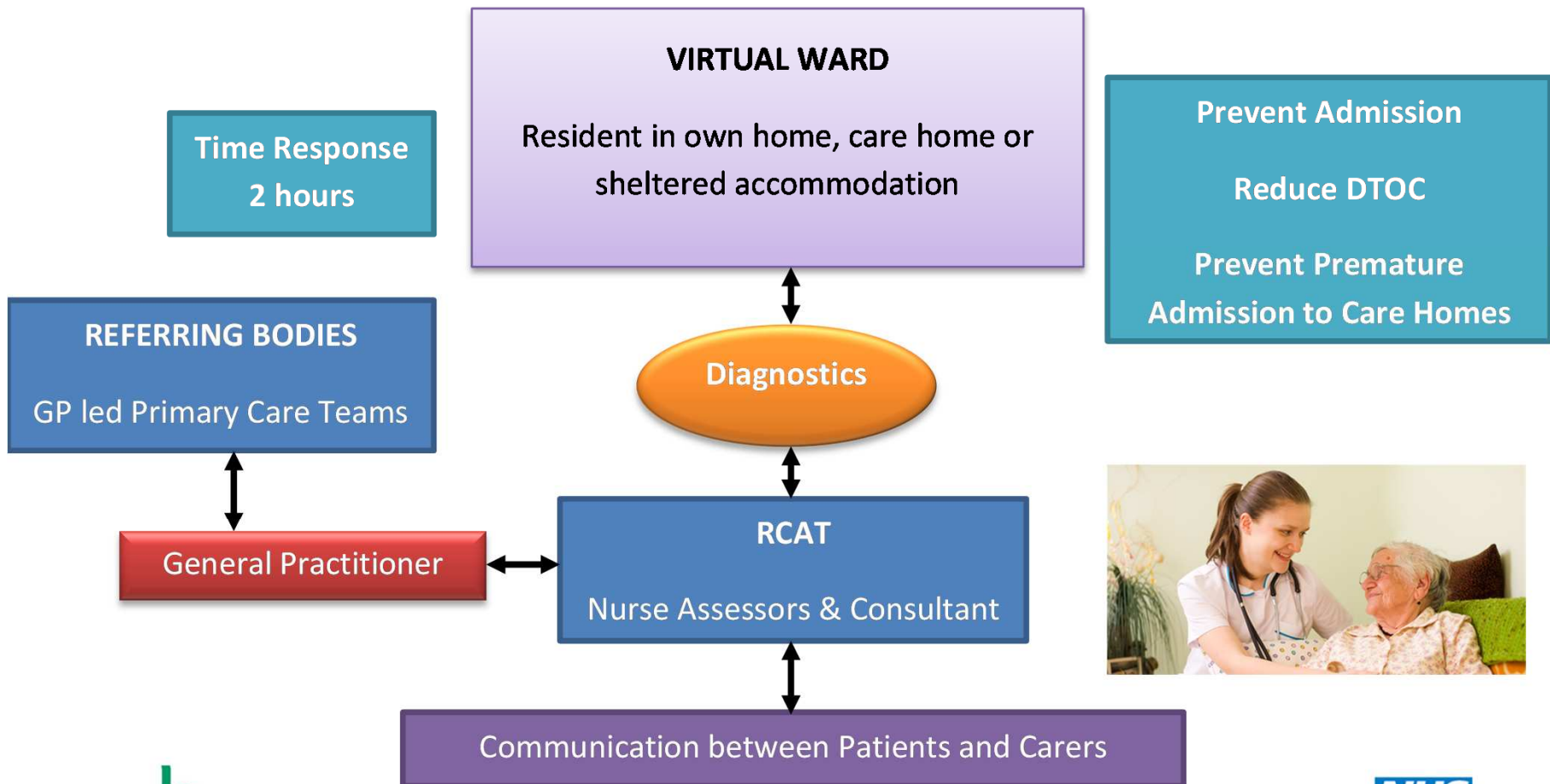
# What We Did!!



## How RCAT was Developed : Linking up Services



# RCAT: Mobile Medical Assessment Unit

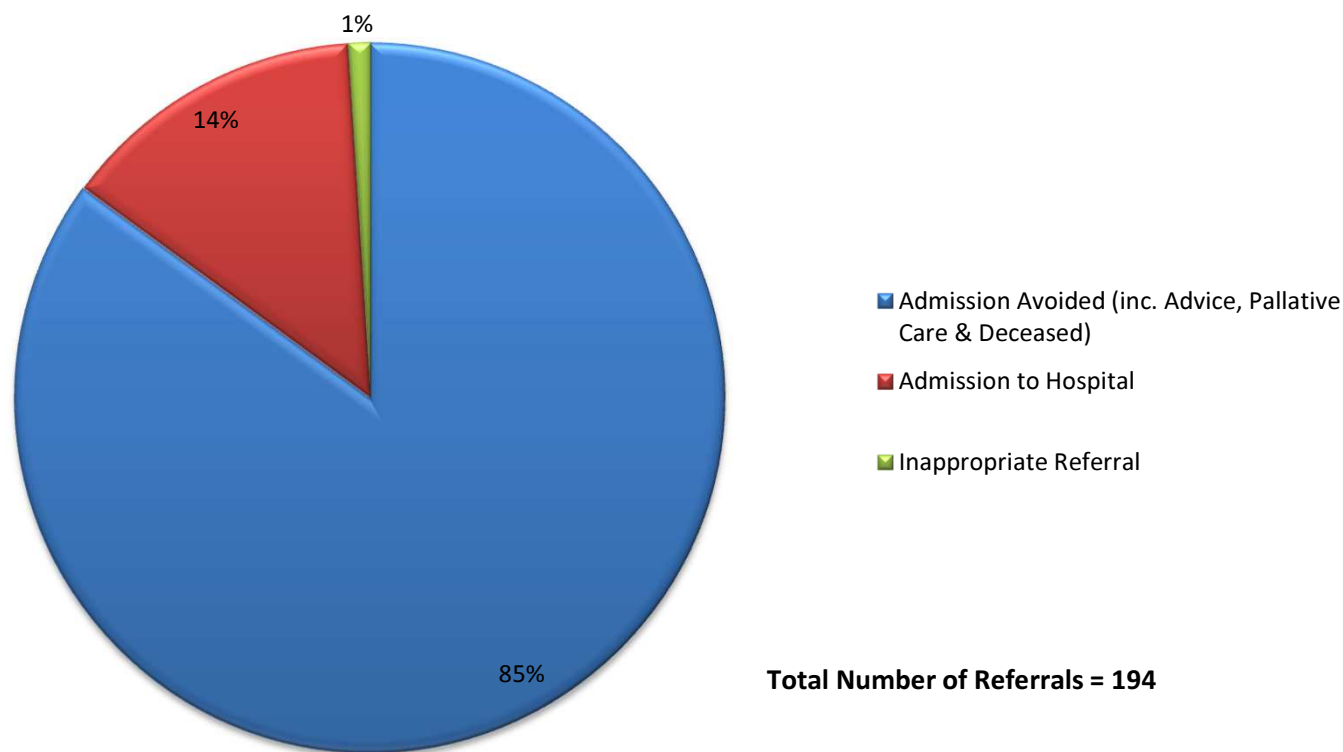


# RCAT

# Outcomes

# RCAT Referrals April 2016 – March 2017

## Outcome on Discharge



Total Number of Referrals = 194

## Feedback

'I was very privileged to receive this care, the Professor and his Team were wonderful and caring. Without them, the alternative would have been a spell in Hospital'

**Patient**

'Your service is gold'  
**Patient's relative**

'Already, he has made a big impact on dozens of people, preventing numerous admissions'

**Halton GP**

# Questions

